

## ASSISTANCE WITH HEALTHCARE ACCESS AND COMMUNITY RESOURCES

Patient Resources Coordinators (PRCs) are available at each CHAS Health clinic to help individuals determine eligibility and enroll in Medicaid, Qualified Health Plans, and other assistance programs.

CHAS Health PRCs are certified to assist patients with the Washington Healthplanfinder and Your Health Idaho state insurance exchanges. They are also knowledgeable about community resources and can help you navigate the world of healthcare and insurance. Our Community Health Workers are also available to assist patients struggling with homelessness, language barriers, and access to care.



### Education

At CHAS Health, we believe education is key to a healthier, happier life! We offer various education opportunities for our patients on wellness topics. Ask at your local clinic about upcoming workshops.



### Contact Us

509.444.8200 • 208.848.8300

Toll Free: 866.907.8200

Telephone Relay Service: 711

24/7 Nurse Advice Hotline is available.

#### Clinic Hours

Monday - Friday: 7:30 am - 6:00 pm

Saturdays: 8:00 am - 5:00 pm (select locations)

#### Spokane Urgent Care Hours

Monday - Friday: 8:00 am - 8:00 pm

Weekends: 8:00 am - 5:00 pm

[chas.org](http://chas.org)

08-025-21-NOM

## Quality Healthcare *in your* Neighborhood



### Everyone Welcome

Medical • Dental • Pharmacy • Behavioral Health

## CHAS HEALTH IS FOR EVERYONE.

We provide inclusive, high-quality medical, dental, pharmacy, and behavioral health services to families and individuals of all ages, regardless of ability to pay.

Our mission is to improve the overall health of the communities we serve by expanding access to quality health and wellness services.

We aim to fill healthcare gaps across the Inland Northwest, so no one has to go without the care they need.



## SCHEDULING APPOINTMENTS

To schedule an in-clinic appointment or video visit, please call 509.444.8200 in Washington or 208.848.8300 in Idaho, or stop by one of our locations during clinic hours. Our providers may have same-day appointments available.

## PAYMENT

We accept most insurance plans, including private insurance, Medicaid, and Medicare. We also offer a sliding fee scale. To apply for the sliding fee discount program, visit any CHAS Health clinic. Patients are responsible for their co-pays and deductibles.

## OUR SERVICES *Services may vary depending on location.*



### Primary Care

Our team can manage general healthcare needs for you and your loved ones from prenatal through senior care.



### Pediatrics

We offer well-child checks to make sure your child is meeting growth and development milestones, receiving immunizations, school and sports physicals, and treat general childhood injuries or illnesses.



### Women's Health and Pregnancy Care

We provide annual gynecological exams, pap smears, birth control, and menopause support for patients of all ages.

Our midwives and obstetric providers help patients with family planning and offer complete pregnancy support from confirmation of pregnancy to newborn care.



### Specialty Programs

We have well-established teams and providers supporting the health of patients with HIV, hepatitis C, diabetes, bone and joint disorders, rheumatologic disease, healthcare for patients in gender transition, and more.



### Urgent Care

Spokane Urgent Care is available for medical conditions that need immediate care, but do not require an emergency room visit. There are two convenient locations open seven days a week with a pharmacy and x-ray on-site.



### Dental

Our preventative services include exams, cleanings, fluoride, and sealants for children and adults. We also provide repair and emergency treatment including root canal therapy, fillings, crowns, and extractions.



### Pharmacy

Convenient, in-clinic pharmacies at all of our primary care locations allow for easy prescription pick-up. Patients can use any of our pharmacies, including Urgent Care for evening and weekend hours. We also offer prescription home delivery and curbside pickup.



### Behavioral Health

Short-term counseling for adults, management of psychiatric medications, and medically managed treatment of opiate use disorder is available at our primary clinics. CHAS Behavioral Health Center offers a more intensive and wider range of behavioral health, substance use disorder, and education services for CHAS Health patients with chronic behavioral health needs.



### Nutrition

Dietitians offer nutrition counseling that includes individualized nutrition evaluations and interventions as well as support with healthy nutrition choices and meal planning.



### Video Visits

Patients can connect with telehealth providers via video to access needed care. With CHAS Health video visits, you can have a secure appointment using your mobile device or computer from the convenience of home.

